

## *WRISC celebrates 30 years!*

At the recent WRISC AGM held on November 15 2018, WRISC celebrated 30 years as an organisation. It was great to be reminded of how WRISC has grown from a small Women's Collective back in 1988, to the leading organisation we are today working in the field of family violence services for women and children in the Central Highlands region of Victoria. It was particularly interesting hearing from past and current leaders who were able to describe so vividly the challenges and triumphs over the years. As you can see from the photos, the venue (Trench Room, Ballarat Town Hall) and catering were stunning, and a fantastic time was had by all. What will the next 30 years look like?



*WRISC leaders past and present*



*Let the celebrations begin!*



*What a great spread. \* And look at those blokes in the painting watching the proceedings...*



*Champagne and celebration cake*



*WRISC Executive Officer Libby Jewson*



*Past WRISC leader Lynden Baxter*

# Circle of Strength

## *Courage Cards, Greeting Cards and Posters available for sale*

During 2018, Van Go's Art therapist Becky has been working on a project involving Darley Primary School, Bacchus Marsh College and students from Federation University at The Laurels. The purpose of this project has been to work with students who have experienced family violence, to hear their voices and to produce a product that can in turn help others. The result has been the successful production of sets of affirmation cards, called Courage Cards, to help those who have/are experiencing difficult times. The children have contributed to the development of the cards through participating in art therapy activities, numerous group discussions on family violence and sharing their own personal insights and stories. The children from all three groups helped in the word selection process, choosing strengths that they believed they possessed having been through family violence.

***The Courage Cards as well as Greeting Cards and Posters are now available for sale. Please see below for examples of the items for sale as well as payment/delivery details.***

## Courage Cards

### **PRICES**

1 set \$35

10 sets \$300.00

20 sets \$550.00

Postage \$8.50

Please contact us for wholesale rates and on postage on large orders:

[chloeg@wrisc.org.au](mailto:chloeg@wrisc.org.au)

### **WHERE TO BUY**

Products listed can be purchased on our online Etsy Store:

<https://www.etsy.com/au/shop/WRISC>

Alternatively you can email Chloe at [chloeg@wrisc.org.au](mailto:chloeg@wrisc.org.au) to arrange an invoice

### **PAYMENTS**

We accept card, cash, direct deposit and PayPal.

### **Direct Deposit**

Payments can be made to:

**Account name:** WRISC Family Violence Support Inc.

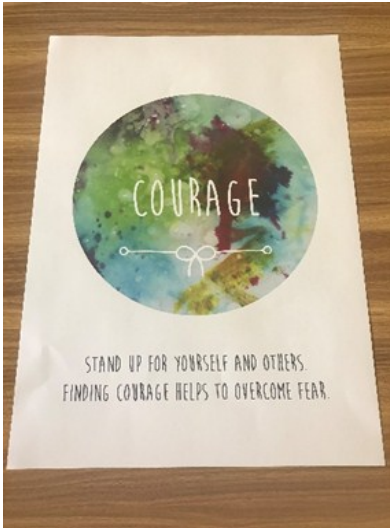
**BSB:** 063-507 **Account number:** 10042491

**Reference:** Card order

Please email [chloeg@wrisc.org.au](mailto:chloeg@wrisc.org.au) with your receipt, order details and mailing address.



## Posters



### Unframed

\$10 each

Set of 3 \$25.00

Postage: \$8.50

### Framed

\$35 in frame

Set of 3 in frame \$90

Please contact [chloeg@wrisc.org.au](mailto:chloeg@wrisc.org.au) to arrange postage and pricing or collection.

***12 different designs: Trust, passion, creativity, individuality, courage, gratitude, worthiness, kindness, laughter, equality, vulnerability and curiosity.***

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# Greeting Cards



## GREETING CARD PRICES

\$2.75 per card

Set of 6 cards \$11.00

7+ cards \$1.65 each

Postage: \$2.50 per card

Postage for 6 cards or more: \$8.50

6 different designs: creativity, empowerment, friendship, gratitude, kindness, laughter.



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## Direct Deposit

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**BSB:** 063-507 **Account number:** 10042491

**Reference:** Card order





# Saying Thank you...

## Christmas donation to WRISC from Dancing Ballroom, Ballarat

Dancing Ballroom, Ballarat has generously made a substantial donation to WRISC which was presented to WRISC Communications Officer, Alison, at their Christmas Celebration dance on Sunday December 23. This is the third year running WRISC has received a Christmas donation.

WRISC is most grateful and appreciative of the ongoing support of Dancing Ballroom, Ballarat. Special thanks to Mr Lance Jewell who appears in the photo presenting the cheque to WRISC.



## Bar Choir raises money for WRISC.

Mary Card and Paige Duggan have brought the Bar Choir concept to Ballarat and ran a special Christmas event at Trades Hall on Friday December 14. Featured was Paul Kelly's "How to Make Gravy" with those in attendance participating in a sing-along, and generally having a great time. Proceeds were generously donated to WRISC. Paige also sang at the WRISC AGM held in November.



*Making Gravy at Trades Hall—Ballarat Photo from Ballarat Times*

## Ballarat Grammar Student Lachie continues to support WRISC

Earlier this year, Lachie showed great leadership by organising the Friendship/Buddy Bag program at Ballarat Grammar. This resulted in 60+ bags being donated to WRISC for distribution to children in our own community who have experienced family violence. Ballarat Gold Swimming Club Head Coach Mark heard about Lachie's work and donated Lachie's lesson costs to purchase some more bags. WRISC is most grateful for this generosity and support.



## Marathon effort supporting WRISC

**RUNNING FOR A CAUSE—Michelle Steenhuis**

In September, Michelle Steenhuis ran her first 100km race, the Surf Coast Century, using the event to raise awareness about family violence, and choosing to donate funds raised to WRISC. WRISC would like to thank Michelle for her “super human” effort raising funds to support WRISC’s work with women and children who have experienced family violence in the Ballarat/Central Highlands region.




*WRISC sincerely appreciates the support we receive from all sources. WRISC will continue to acknowledge the generosity of our supporters in the next newsletter. Please note: Some donors choose to remain anonymous.*

# NILS Loans available at WRISC


WRISC is the contact agency for NILS (No Interest Loans Scheme) for women in the Central Highlands region who have experienced family violence. Please see the poster below for eligibility and contact details. *Please note: the upper limit for NILS Family Violence related loans has now been increased to \$2,000 (subject to assessment of client's financial capacity).*

THE  
NO  
INTEREST  
LOAN




wrisc  
Family Violence Support

**WANT MORE  
information?**



205 Dana Street, Ballarat, VIC 3350  
Ph: (03) 5333 3666  
Fax: (03) 5332 7778  
alisonc@wrisc.org.au  
www.wrisc.org.au  
PO Box 92, Ballarat, VIC 3353



**NILS**  
No Interest Loan Scheme  
Good Shepherd Microfinance

Information for women on  
how to obtain a loan for essential  
household goods and services.

**WRISC Family Violence Support is now offering women who have experienced family violence access to NILS (No Interest Loan Scheme).**

**What is NILS?** The No Interest Loans Scheme (NILSP) provides women on low incomes access to safe, fair and affordable loans for up to \$2,000.

**Are you eligible?** Any woman who has a health care or pension card, is living in the Central Highlands and has experienced domestic/family violence in the past twelve months may be eligible.

**What are the loans for?** Loans are generally available for the purchase of essential goods and services. These may include:

- Household items like fridges, washing machines, stoves, freezers and some furniture
- Some medical and dental services
- Educational essentials such as computers, course fees and text books
- Some other items as requested

**Please ring Alison at WRISC on 5333 3666 for more information.**



# Have you thought about volunteering at WRISC?

- ♦ Would you like to become more involved in the work of WRISC?
- ♦ Would you like to contribute to WRISC in a more meaningful way?
- ♦ Do you have skills and expertise which you would like to share with WRISC and support women and children in your community?

WRISC is currently recruiting enthusiastic and committed female volunteers to fill the:

## Reception/Administration role

- 1pm—5pm shifts available
- Knowledge of Microsoft Outlook essential
- Reception experience welcomed
- Working With Children Check (WWCC) required
- *WRISC is looking for volunteers who are able to commit on a medium to long term basis*

***For further information please contact Sandra on 5333 3666 Monday—Thursday.***

## Thank you to all our donors/ sponsors

Kind and generous donations from organisations, private philanthropists and various grants enable us to continue to service the increasing number of requests for help. We sincerely thank our loyal and generous supporters.



## Can you help?

If you would like to make a contribution, our bank details are:

BSB: 063-507 Acct: 10042491

Name: WRISC Family Violence Support

**OR**

Donate online via PayPal [here](#).

***Donations of \$2 or more to WRISC Family Violence Support are tax deductible.***

### ***What do you think?***

WRISC appreciates communication and feedback regarding the content of this newsletter. If you would like to make contact, please email the Communications Officer:

[alisonc@wrisc.org.au](mailto:alisonc@wrisc.org.au)



*WRISC exists to change the lives of women and children affected by family violence. We promote safe homes, strong families and respectful relationships.*

205 Dana St, Ballarat  
[www.wrisc.org.au](http://www.wrisc.org.au)

(03) 5333 3666 [wrisc@wrisc.org.au](mailto:wrisc@wrisc.org.au)  
Facebook: [@wriscfamilyviolencesupport](https://www.facebook.com/wriscfamilyviolencesupport)