



Van Go Moorabool a partnership between WRISC Family Violence Support and Moorabool Shire Council

# VAN GO MOORABOOL

MUSIC, ART AND PLAY ON THE MOVE  
Information for Professionals

Funded by the Department of Health and Human Services, Van Go Moorabool is a mobile therapeutic service for children who have experienced family violence living within the Moorabool Shire. We offer child focused service provision with intake and assessment and a range of therapeutic services including music, art and play therapy. The Van Go pilot project based in Bacchus Marsh was implemented on the 1 April 2017 and is currently being funded until 30 June 2019.

## Project aims

- Provide children with the opportunity to heal from the impacts of trauma as a result of family violence
- Improve the quality of the relationship between parent/caregiver and children
- Improve access to services in a rural shire through the provision of mobile creative therapy
- Work in partnership with other agencies to improve children's safety and wellbeing



## Trauma Informed Services

- Understand the whole person within their context
- Minimise potential for re/traumatisation
- Build on clients strengths
- Hospitable and engaging
- Facilitate recovery, growth, resilience and healing
- Respect clients' choices and control
- Relationships based on partnership not power
- Focus on trust and safety
- Collaborate
- Culturally competent and sensitive services

## Eligibility

- Experienced family violence
- Aged 0-18 years
- Living in Moorabool Shire
- Not currently living with the perpetrator

**If you have concerns about women and children living in a family violence situation contact:**

- Police: 000 for immediate safety concerns
- Safe steps 24 hour crisis support: 1800 015 188

**For more information:**  
email: [vango@wrisc.org.au](mailto:vango@wrisc.org.au) | phone: 03 5333 3666



## Child led approach

"A child-led approach considers children as the entry point for supporting growth within families who have experienced intergenerational violence. This is through capitalising on the hope children carry for parents in creating a different future. This approach considers that children bring their own voice, their own experience and their own perspective to the challenges of working to address family violence. They have much to teach us about how to effectively work with their families if we are prepared to listen" - Wendy Bunston (2017) Helping Babies and Children to Heal (0-6years) After Family Violence, Jessica Kingsley Publishing, UK.



"I know I am not alone" - R, aged 10

## Services

- Single Session Therapy (Intake & assessment)
- Mobile Music, Art and Play Therapy
- Women's counselling
- Training in Trauma informed practice



## How to refer

Contact us for a copy of the referral form or advice.  
Phone: 03 5333 3666 or email: [vango@wrisc.org.au](mailto:vango@wrisc.org.au)



**For more information:**  
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