

WRISC Family Violence Support, together with Women's Health Grampians, are proud to present the film:

## "Finding Your Feet"

in celebration of International Women's Day, Thursday March 8, 2018.





## International Women's Day

*The theme for International Women's Day 2018 is:*

**#PressforProgress: Friends, colleagues, communities – think, act, be gender inclusive**

*Find more details on the theme here:*

<https://www.internationalwomensday.com/>

<https://www.facebook.com/Internationalwomensday/>



VAN GO a partnership between WRISC Family Violence Support and Moorabool Shire

## Van Go Project Update

### Van Go receives funding for another year!

WRISC is thrilled to announce that the Van Go Pilot Project has been funded for another 12 months. Well done to the Van Go Team for their hard work and dedication. The Van Go Project is now providing much needed services to women and children in the Bacchus Marsh/Moorabool area who have experienced family violence. The projects aims are:

- ◇ Provide children with the opportunity to heal from the impacts of trauma as a result of family violence
- ◇ Improve the quality of the relationship between parent/caregiver and children
- ◇ Improve access to services in a rural shire through the provision of mobile creative therapy
- ◇ Work in partnership with other agencies to improve children's safety and well-being.

# WEAVE

A therapeutic educational group for women who have experienced or are currently experiencing family violence.



**Margaret**  
**WRISC**  
**Dana St**  
**Ballarat**

**PH: 5333 3666**



**Liz**  
**Ballarat Community Health**  
**12 Lilburne St**  
**Lucas**

**PH: 5338 4500**



**Starting May 2018**

**Where:** TBA (free of charge)

**When:** Term 2 (May 2—June 20)

**Time:** 10 -12 Wednesday mornings

**Facilitators:** Liz & Margaret

**Information session:** 18th April 10-11am

**Morning Tea provided**





## *WRISC would like to thank the following individuals and organisations for their generous donations*

*On behalf of our clients we say thank you for their interest in our organisation and our community by helping to change the lives of women and children.*

*What does WRISC do with the money we receive from donations?*

- *Ensure women's and children's voices are heard and at the centre of everything we do, particularly the voices of those most marginalised.*
- *Expand our capacity to meet increasing demand on our services and ensure we assist as many women and children affected by family violence as possible.*
- *Expand our reach and capacity to intervene earlier and prevent the harm caused by violence.*
- *Build partnerships with government, business and community to empower women and children, increase their safety and ensure men who use violence are held responsible for their behaviour and expected to change.*
- *Work collaboratively and strategically to raise awareness, undertake prevention work and stop violence against women and children before it occurs.*
- *Lead the sector in social justice work and empower all women and children through service responses that make a difference.*



**HOP TEMPLE**

WRISC would like to thank [Hop Temple Ballarat](#) once again for their support of women and children in our community who have experienced family violence. WRISC was most grateful to receive a cheque for \$4,200 which will contribute in a major way to our work.

During November, WRISC was nominated as the Charity of the Month for the Music Bingo nights. As well as this, WRISC received a percentage of sales from the Local Laneways events which ran the theme of White Ribbon awareness and prevention of family violence. To support the theme, the famous umbrellas in Hop Lane were changed to white.

WRISC would also like to thank the following Ballarat hospitality businesses for supporting Local Laneways events: [The Forge Pizzeria](#), [Meigas](#), [Round the Way- the Original Bagel Burgers](#), [Nouvelle Orleans](#), Mitchell Harris Wines, [Red Duck Brewery](#), [Cubby Haus Brewing](#), [Athletic Club Brewery](#).

## **Dancing Ballroom Ballarat**

WRISC has again been the recipient of the generous goodwill and Christmas spirit demonstrated by "Dancing Ballroom" Ballarat. WRISC was invited to attend the annual Christmas dancing event and delicious afternoon tea. As part of the proceedings, Mr Lance Jewel presented WRISC with a cheque for \$350. WRISC is very grateful for this generous donation which will be used to support women and children who have experienced family violence in the Central Highlands Region.



## *Personal Care Products*

When a woman leaves an abusive relationship, it is often with just the clothes on her back. This is also the case for any children accompanying her. WRISC is highly appreciative of donations of personal care products that enable our clients to continue to exercise self care and enhance personal well-being. The products often come attractively packaged. Thankyou to the following organisations for their generous donations:

- \* **Soroptimist International of Ballarat**—toiletry bags and cosmetic items
- \* **Hair and Beauty on Dana**—hair care products
- \* **Share the Dignity**—"It's in the Bag" - personal care, feminine hygiene products and "feel good" products



# NILS Loans available at WRISC

WRISC is the contact agency for NILS (No Interest Loans Scheme) for women in the Central Highlands region who have experienced family violence. Please see the poster below for eligibility and contact details. *Please note: the upper limit for NILS Family Violence related loans has now been increased to \$2,000 (subject to assessment of client's financial capacity).*

THE  
**NO  
INTEREST  
LOAN**



wrisc  
Family Violence Support

**WANT MORE  
information?**



205 Dana Street, Ballarat, VIC 3350  
Ph: (03) 5333 3666  
Fax: (03) 5332 7778  
alisonc@wrisc.org.au  
www.wrisc.org.au  
PO Box 92, Ballarat, VIC 3353



**NILS**  
No Interest Loan Scheme  
Good Shepherd Microfinance

Information for women on  
how to obtain a loan for essential  
household goods and services.

**WRISC Family Violence Support is now offering women who have experienced family violence access to NILS (No Interest Loan Scheme).**

**What is NILS?** The No Interest Loans Scheme (NILSP) provides women on low incomes access to safe, fair and affordable loans for up to \$1,200.

**Are you eligible?** Any woman who has a health care or pension card, is living in the Central Highlands and has experienced domestic/family violence in the past twelve months may be eligible.

**What are the loans for?** Loans are generally available for the purchase of essential goods and services. These may include:

- Household items like fridges, washing machines, stoves, freezers and some furniture
- Some medical and dental services
- Educational essentials such as computers, course fees and text books
- Some other items as requested

**Please ring Alison at WRISC on 5333 3666 for more information.**



# Have you thought about volunteering at WRISC?

- ♦ Would you like to become more involved in the work of WRISC?
- ♦ Would you like to contribute to WRISC in a more meaningful way?
- ♦ Do you have skills and expertise which you would like to share with WRISC and support women and children in your community?

WRISC is currently recruiting enthusiastic and committed female\* volunteers to fill the:

## Reception/Administration role

- 1pm—5pm shifts available
- Knowledge of Microsoft Outlook essential
- Reception experience welcomed
- Working With Children Check (WWCC) required
- *WRISC is looking for volunteers who are able to commit on a medium to long term basis*

***For further information please contact Sandra on 5333 3666 Monday—Thursday.***

\*Equal Opportunity Act (2010) Exemption A75/2013

## Thank you to all our donors/ sponsors

Kind and generous donations from organisations, private philanthropists and various grants enable us to continue to service the increasing number of requests for help. We sincerely thank our loyal and generous supporters.



## Can you help?

If you would like to make a contribution, our bank details are:

BSB: 063-507 Acct: 10042491

Name: WRISC Family Violence Support

**OR**

Donate online via PayPal [here](#).

***Donations of \$2 or more to WRISC Family Violence Support are tax deductible.***

### ***What do you think?***

WRISC appreciates communication and feedback regarding the content of this newsletter. If you would like to make contact, please email the Communications Officer:

[alisonc@wrisc.org.au](mailto:alisonc@wrisc.org.au)



*WRISC exists to change the lives of women and children affected by family violence. We promote safe homes, strong families and respectful relationships.*

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